

Beach Check List



Give this to your child so s/he can help remember their belongings. Have he/r check it before s/he comes to the beach and before s/he leaves the beach.

- 1. Swim-suit
- 2. Towel
- 3. Floppy Sandal or Water Shoes
- 4. Hat or Visors
- 5. Sweat-shirt
- 6. Water
- 7. Snack & lunch
- 8. Put on sunscreen @ home

Optional:

- 1. Another small towel
- 2. Own Surf or Body Board
- 3. Snorkeling or eye-wear
- 4. Sunglasses
- 5. Rash-guard

Put phone number on all belongings with indelible marker to insure no losses.



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Founder of the

Aqua-Adventures Beach & Surf Camp

Where Kids learn Beach Skills
In a character-building environment

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